



Foundation 2

YOUTH SHELTER

How we help

When a personal or family crisis makes it necessary for teens to live away from home temporarily, the Foundation 2 Youth Shelter provides a safe and nurturing environment. Our emergency shelter is free of charge.

Our professional staff provides structured supervision 24 hours a day, 365 days a year. We're staffed and licensed to hold up to 17 adolescents, ranging from ages 11-17. Call **(319) 366-8797** to learn more.

OUR GOAL

Our primary goal is to reunite youth with his or her family at the best time for everyone involved. The shelter and family counseling services are designed to:

- Restore appropriate parent-child roles
- Clarify strengths, values, and needs
- Aid in listening and understanding
- Explore solutions to troubling issues and build skills in order to prevent or resolve future conflicts

HOW ADMISSION WORKS

Initial contact occurs by calling the Foundation 2 Youth Shelter at (319) 366-8797. We accept self-referrals from runaway and homeless youth, referrals from parents/guardians, law enforcement officials, social workers, and other human service professionals.

Family counselors are available for prompt appointments with youth and families to help determine the best option for their circumstances. After the initial appointment, if it is decided that shelter is a good fit for the youth, the family counselor will work with the family to create a plan and determine the duration of their stay. In some emergency circumstances, youth can be admitted prior to the assessment.

WHAT IS PROVIDED BY THE YOUTH SHELTER?

- Access to basic needs such as meals, transportation and medical care in an accepting environment
- Support and supervision provided 24 hours a day, 365 days a year for youth from all backgrounds and experiences
- Individual and group or family counseling, and educational programming for dealing with youth-related issues

The Foundation 2 Youth Shelter is licensed by the Department of Human Services.



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Help is available 24 hours a day, 365 days a year.

Call **(319) 362-2174** locally, or toll-free at **1 (800) 332-4224**.

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www.foundation2.org

