

Youth in Crisis?

Are you considering hospitalization or committal for a child (ages 5-17) due to mental health or substance abuse concerns? Are you unsure whether to call the police, hospital or DHS?

Call J-FAST.

If you are concerned about a youth in crisis, we can meet with you to discuss options. Issues we can help with include **depression, self harm, violent behavior, substance abuse and thoughts of suicide.**



Immediate crisis response

Call our 24/7 Mobile Crisis Response line at 319-247-0030.

A Foundation 2 Mobile Crisis Outreach team will respond to your home or child's school within 1 hour.



Assessment

Case management can help quickly schedule a mental health assessment or substance abuse assessment with a licensed therapist at one of our partnering agencies. (Linn County only)



Case management

Following a visit, we will help with the coordination of services, connect you with local resources and assistance to prevent psychiatric hospitalization or out-of-home placement.



Referrals to other services

We can refer you to long term support services including counseling, intervention services and more to continue progress made with J-FAST.



Foundation 2
Crisis Services

For more information, call
Foundation 2 at 319-247-0030 or
visit foundation2.org.

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Heart and Solutions, Covenant
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