



Building a *foundation* to mental wellness.



Since 1970, Foundation 2 Crisis Services has been a leader in mental health and suicide prevention in Cedar Rapids. We operate 24/7 crisis services for people experiencing a tough time, mental health crisis, substance use or thoughts of suicide. **In the last twelve months, we responded to individuals in crisis across Iowa more than 100,000 times, serving them during their most difficult moments.** And that number continues to rise.

To meet the increasing demand for services, we need a new space to better serve our community. We have embarked on the “Building a Foundation to Mental Wellness” capital campaign to combine five of our current locations into a single, centralized headquarters facility in Downtown Cedar Rapids. **We are just \$250,000 away from reaching our \$5.4 million dollar goal. We cannot achieve this alone.** *By making a donation, you play a vital role in supporting the next phase of mental health care in our community.*

Our capital campaign is centered around creating a trauma-informed environment to best meet the needs of our staff and clients. Building highlights include:

Trauma-informed workplace to support employee and client mental health and wellbeing.

- Donation closet available for clients with hygiene materials, clothing, and household goods
- Dedicated space for Suicide Loss Support Group gatherings
- Private, therapeutic rooms for clients to meet with a counselor or caseworker
- Decompression space for crisis counselors to debrief after a distressing call

Dedicated, versatile spaces for community mental health trainings and continuing education.

- Corporate training spaces to equip businesses, nonprofits, and community partners with mental health and suicide prevention skills
- Resource and training library with up-to-date educational resources and real-time clinical feedback for crisis counselors, ensuring a high quality of care for everyone

We kindly ask for your donation to this campaign. Your contribution will create a lasting impact and bring hope and healing to countless individuals in crisis. Together, let’s transform lives and build a mentally-resilient community.

Sincerely,

Emily Blomme
Foundation 2 Crisis Services
Chief Executive Officer



Foundation 2
Crisis Services

A trusted support when life gets tough. *All people. Any time. Every time.*

Remember & Honor a Loved One

Our Legacy Wall is an opportunity to remember a loved one who has died by suicide, or honor someone impacted by mental health or with a connection to our mission.

Your one-time gift places your honoree's name on the Legacy Wall permanently. The Legacy Wall will be added to in perpetuity.

We encourage you to give at a level that is meaningful to you. The giving tiers correspond to name plaques of increasing sizes.

A Trusted Support
\$500

When Life Gets Tough
\$1,000

All People
\$2,500

Any Time
\$5,000

Every Time
\$10,000

Contact Katie Curtis at
kcurtis@foundation2.org or
319-200-8428 for more information.



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Your gift enables us to keep our life-changing and life-saving services free and available 24/7, every day of the year.

Donor Wall

To express our gratitude, donors will be recognized on our donor wall, located prominently in our new headquarters.

Multiple donor wall recognition levels are available.

\$1,000-\$4,999

\$5,000-\$9,999

\$10,000-\$49,999

\$50,000-\$99,999

\$100,000-\$249,000

\$250,000+

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Learn more about the project
and giving options

